USB Finance Academy
Congratulations to Shania Evans who has been invited to attend the UBS Finance Academy 2013 which will be held at The Women's College, Sydney University from 1 - 5 July this year. The objective of the Academy is to provide leadership in investment banking education with a particular focus on senior secondary school students. Students involved have an opportunity to explore and learn about a wide range of career opportunities in finance as well as developing new relationships with their peer group from other schools.

VCE Breakfast Classes
Our extra-curricula VCE classes are well underway giving those involved some extra support and tuition. Classes are held every Wednesday morning with breakfast provided. To date, Legal Studies, English and Biology classes have met. Thank you to the teachers for giving their time for this program and well done to our students who are travelling in early to take part. We fully understand that it is not always possible for those living out of town to attend and new work is introduced at this time.

Interschool Cross Country
Primary and Secondary Zone Cross Country events will be held in St Arnaud next Tuesday. A number of our students have been training at lunchtimes for this competition and are to be congratulated for their dedication.

Deb Ball
The annual MTHCS Debutante Ball was held on Friday, May 17th and as usual was very well organised and a great success. Thank you to all involved and a special commendation to our students who gave up their time to organise the sound and lighting for this event.

Bullying Surveys
We have recently carried out surveys at both campuses to encourage students to focus on what constitutes bullying and to ask students to identify bullies in our school. A small number of students were identified in our surveys. Students identified were interviewed and we will be working with these students over the coming weeks. Parents were also notified so that they could support us in our efforts to ensure that we have a happy, healthy environment at our school. Bullying surveys are of course only one way of addressing the problem, our school has a raft of education measures in place including programs aimed at Getting Along, Cyber safety and Healthy Relationships. We are also fortunate to have the services of our Wellbeing Worker – Mrs Marie Kilpatrick.

The Victorian Government has developed the Bully Stoppers program aimed at providing practical advice, information and strategies to support everyone to ‘make a stand, lend a hand’ and stop bullying. This program includes a module to help parents understand, recognise and manage bullying & cyberbullying behaviours. This can be accessed at: http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/parentmodules.aspx

Deb Pearce
Principal
STUDENT OF THE WEEK:
PREP:   Regan Eames
YEAR 1:   Ruby Pengelly
YEAR 2:   Imogen Hastings
YEAR 3:  Tiarna McKay
YEAR 4:  Samuel Scott
YEAR 5:  Darcy McKay
YEAR 6:  Lachlan Heppell

PRIMARIE CAMPUS NEWS

THOUGHT FOR THE WEEK:
I learned that a great leader is a man who has the ability to get other people to do what they don’t want to do and like it.  
Harry S. Truman

LOST:
Cal Beckman has lost his blue Velcro watch. Please return to the Office if found.

ROAD SAFETY:
All students are reminded to use the school crossings where provided, for their own safety.

LOST PROPERTY:
We have a number of items in the lost property bin. If you are missing anything, feel free to come and check our stash.
Please ensure all items brought or worn to school are clearly named to minimise loss.

POLYCOM SESSION 2 WHALING DEBATE:
This week’s polycom session was on whaling. All students watched a BTN video about whaling.
We then answered questions about the whaling issue. Today we all met up via the Polycom and discussed protocols and how to work in collaborative spaces. We then got into our mixed school groups and logged in to Google Docs to share our points of view, showing evidence to support our arguments.
We finished off with a summary, sharing ideas with the other schools.
Stay tuned for next week’s update,
Grade 5/6 class.

PRIMARY CAMPUS AWARDS

STUDENT OF THE WEEK:
PREP:   Regan Eames
YEAR 1:   Ruby Pengelly
YEAR 2:   Imogen Hastings
YEAR 3:  Tiarna McKay
YEAR 4:  Samuel Scott
YEAR 5:  Darcy McKay
YEAR 6:  Lachlan Heppell

STUDENT AWARD:  
Adrian Fidge

TIDY ROOM AWARD:  
Year 5

ATTENDANCE BEAR:  
Year 2

ANAPHYLAXIS:
Anaphylaxis is the most serious type of allergic reaction. It can progress very quickly and may cause death without proper medical attention.

An allergen is a substance which can cause an allergic reaction. While food is one of the most common allergens, medicine, insect stings, latex and exercise can also cause a reaction.

Signs & Symptoms
An allergic reaction usually happens within minutes after being exposed to an allergen, but sometimes it can take place several hours after exposure. A reaction can involve any of these symptoms, and a person could have one or more of these symptoms regardless of the allergen:

• Skin system: hives, swelling, itching, warmth, redness, rash
• Respiratory system (breathing): coughing, wheezing, shortness of breath, chest pain/tightness, throat tightness, hoarse voice, nasal congestion or hay fever-like symptoms (runny itchy nose and watery eyes, sneezing), trouble swallowing
• Gastrointestinal system (stomach): nausea, pain/cramps, vomiting, diarrhoea

The most dangerous symptoms of an allergic reaction are:

• Trouble breathing caused by swelling of the airways (including a severe asthma attack for people who have asthma)
• A drop in blood pressure causing dizziness, light-headedness, feeling faint or weak, or passing out.

Girls 9/10 years champion school ▲
Medal winners - Abby Latta 2nd, Lauren Grace 3rd, Kaitlin Latta 2nd, Benjamin Morrish 2nd (Absent—Hallie Wills) ▶

Boys 9/10 years champion school ◄

XC CHAMPS !!!

June 1st - Billi Lanigan
June 6th - Emily Phillips

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Congratulations to the students who represented the primary campus at the Sunraysia South Cross Country in Mildura last Tuesday. In cool conditions, the students ran very well achieving some excellent results. The students who finished in the top ten, now have the opportunity to represent the school in St. Arnaud on Tuesday, June 4th. A letter has been sent home to these students outlining the arrangements of the day. Congratulations to all students and especially to those that achieved placings. A huge WELL DONE to the 9/10 year old girls and boys team, who won the CHAMPION event for their age group. To participate in this event, the team needs to have three runners competing. The total of the finishing positions is added together. The team with the lowest score is declared the winning team. Well done to these students.

It was great to have so many parents support the students on the day. Thanks once again to Mrs Bree Scott and Mrs Fiona Scott for the photos they took on the day, and have generously allowed them to be used in the newsletter and newspaper.

**RESULTS**

**9/10 YEAR OLD GIRLS**
- Lauren Grace 4th
- Jaimie Darley 8th
- Georgia Phillips 12th
- Chloe Latta 14th
- Hollie Munro 17th
- Molly Grigg 19th
- Natalie Nihill 20th
- Jasmine Anderson 22nd
- Tiarna McKay 23rd
- Lucy Hill 27th

**11 YEAR OLD GIRLS**
- Abby Latta 2nd
- Gemma French 8th

**11 YEAR OLD BOYS**
- Liam Munro 4th
- Alex Hill 11th
- Darcy McKay 15th

**12 YEAR OLD GIRLS**
- Hallie Wills 1st
- Kaitlin Latta 2nd

**12 YEAR OLD BOYS**
- Ben Morrish 2nd
- Reece Anderson 7th
- Bailey Pengelly 8th

The Lighting Premierships will be held at Blackburn Park on Wednesday, June 5th. The students will be competing against teams from Tempy/Underbool, Murraville and St. Mary’s.

Football and netball teams have been selected and students have been notified of these. All students have been given a letter to take home which outlines the days procedure.

The first games of football and netball will start at 10am and continue through the day, with finals being played at the conclusion of the day.

The winning football and netball team will have the opportunity to represent their school at the next level of competition later in the term.

Parents are encouraged to come along and cheer on the teams as they compete. Students are required to bring a cut lunch and a drink on the day.

If you have any queries, please contact Mrs Morrish at the primary campus.
Ouyen P-12 College celebrated “Walk to School” on Friday, May 23rd with over 95% of students making their way to school either on foot or on bike. Many students took the opportunity to walk to school with their parents and younger brothers and/or sisters.

The prep grade led the way, with 100% of them walking on the day – many with mums and other family members.

The students who walked or rode were entered in a draw to win a range of prizes. The students also participated in a colouring competition, with 4 lucky winners on the day – a prize was also awarded to these students.

Congratulations to the students, staff and families who participated in this great program. The school would like to encourage all students and staff to walk to school or ride to school at least one day a week. To encourage this, the school has enrolled in the “Hands UP” program – more details regarding this program will appear in the newsletter over coming weeks.
“On Thursday it was Japanese day where the Year 7/8 students learnt about Japan in all of our classes. We learnt about Japanese language and culture. We learnt a piece of Japanese music called the Grand Sea, made origami and tried precision walking” – Brittney Godden

“What I liked about the Japanese day was dressing up and learning precision walking. It was a fun day” – Annie Brown

“I loved learning about Japanese customs” – Alana Linklater

“I really enjoyed listening to Narelle speak Japanese. She showed us the Japanese food and cans as well!” – Kay’m Emmett

“I especially loved the food and how it is still labelled with key words in English” – James Phillips

A Haiku by Alana Linklater

Dancing cherry tree
blowing on this cheerful day
Why can’t you stay here!
On Wednesday, the Year 10 Advance class ventured on a reconnaissanceme trip to Maryborough, where the students will be racing in November. Arron, from Aurora Racing is building our recumbent bike so we can use it on our Community Fun Ride which is being held on Monday, June 10th. (Queen’s Birthday long weekend)

Everyone is invited to be involved in our bike ride. Registrations start at 9:30 am on Monday at the Community Park in Oke Street.

Please support the Advance class.
Fifty eight Ouyen P-12 College Secondary students will be travelling to Lord Nelson Park, St Arnaud on Tuesday, June 4th to compete in the LMR Cross Country Championships.

**ITINERARY**

**Leaving**

Ouyen at 6:40 a.m. Tuesday, June 4th

From the Ouyen P-12 College Secondary Campus Bus area, Fuller St. Ouyen.

The bus will be travelling through Tempy 7:00 am and Speed 7.05am.

The bus cost will be $20.

The first event begins at 10.00 a.m.

Please note the change of event times from previous years.

**EVENT TIMES**

#1 10:00am Boys 17-20 5000m
#2 10:25am Boys 16 5000m
#3 10:50am Girls 17-20 3000m
#4 11:10am Girls 16 3000m
#5 11:30am Boys 15 3000m
#6 11:50am Girls 15 3000m
#7 12:10am Boys 14 3000m
#8 12:30am Girls 14 3000m
#9 12:50pm Boys 13 3000m
#10 1:10pm Girls 13 3000m
#11 1:30pm Girls 12 3000m
#12 1:50pm Boys 12 3000m
#13 2:10pm Girls 11 3000m
#14 2:30pm Boys 11 3000m
#15 2:50pm Girls 9-10 2000m
#16 3:10pm Boys 9-10 2000m

Leave Lord Nelson Park ~ 1:45-2pm to obtain food in St Arnaud

**Returning**

Leave St. Arnaud to travel home – 2:30-3

Estimated time of bus return to Ouyen ~5:30 p.m.

Lunchtime trainings have been well attended and it is great to see these competitors giving themselves the best chance of success through their preparation.

Students have been given an itinerary. At present there are seats on the bus if parents wish to travel with us.

---

**Forthcoming Dates**

**SSV LMR Cross Country**

Tuesday, June 4th

St. Arnaud

**SSV State Cross Country Finals**

Thursday, July 18th

Bundoora, Melbourne

**NWSSSA Winter Games**

Wednesday, July 24th

Robinvale

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**MENTAL TOUGHNESS CAN TAKE YOU TO THE TOP, AND MENTAL WEAKNESS STRAIGHT TO THE BOTTOM.**

- John Schiefer

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**WINTER GAMES**

With the Winter Games scheduled for early Term 3, teams need to be decided before the end of this term. Practices and preliminary selections have already commenced in some sports. The format this year will see a competition between Robinvale, Manangatang, St. Mary’s, Murrayville and Ouyen.

Students are reminded that preference will be given to those students who supported their houses and followed school rules in House events earlier in the year.

Sports available are -

◊ Years 7-9 Boys Football
◊ Years 10-12 Boys Football
◊ Years 7-9 Girls Netball
◊ Years 10-12 Girls Netball
◊ Years 7-9 Mixed Soccer
◊ Years 10-12 Mixed Soccer

Mixed Badminton will only run if all other sports have full teams competing.

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**SPORT NEXT WEEK**

**JUNIOR & SENIOR SPORT**

Winter Games Practice
THE MACPHERSON SMITH RURAL FOUNDATION
Applications Macpherson Smith Rural Foundation
PLEASE NOTE: Applications for 2014 scholarships are now open.
Only 2 applications per school will be considered.
Our School closing date for the selection of 1 or 2 students is Friday, June 14th.
Applications to Mrs O’Connor.

ANYTHING YOU NEED TO KNOW ABOUT UNIVERSITY (RSOP) Regional Schools Outreach Program
• How will I afford Uni?
• How will I get there?
• Where will I live?
• How will I make friends
• What uni to choose?
Ask our friendly university students to help answer your questions using the Regional School Outreach Programs online question and answer service……’Ask Me.. About Uni!’
It is free, safe and helpful! www.GotoAskMeRSOP.com.au

RMIT University - Get Real Experience – Holiday Programs
RMIT University offers a number of free events designed to encourage students in Years 10, 11 and 12 to engage in hands on workshops over the school holidays.
While the Art and Design and Media days are full the remaining programs still have vacancies.
Registrations are still open and students can register at: http://www.rmit.edu.au/experiencedays

IS YOUR CAREER ON TRACK? - RAIL CAREERS
A choice of diverse and interesting careers you never knew existed www.railcareers.net.au
• Asset Management
• Corporate Specialist (Human Resources, Legal, Finance)
• Infrastructure Construction & Maintenance (Construction, Maintenance)
• Customer Service (Point of Sales, Station Management)
• Manufacturing & Maintenance
• Operations (Network Control, Logistics, Driving, Planning & Scheduling)

INTERNATIONAL COLLEGE OF HOTEL MANAGEMENT – ICHM
Career Week 2013
July 8th – July 12th & September 30th – October 4th
www.ichm.edu.au

THE UNIVERSITY OF MELBOURNE – UNIExperience
Open to Year 11 Students
Thursday, July 11th – Friday, July 12th.
University of Melbourne, Parkville campus,
UniExperience gives students a chance to visit our campus and experience university life first hand, staying overnight at a residential college and participating in a range of exciting activities with university staff and students.
Online applications close Friday, June 21st.
www.futurestudents.unimelb.edu.au/unixp

RADIATION ONCOLOGY involves three unique medical specialties working together to focus on the treatment of cancer patients with radiotherapy (also known as radiation therapy) — namely radiation oncologists, radiation therapists and radiation oncology medical physicists.
Radiotherapy is a proven, effective way to treat cancer and can be used alone or together with other treatments like surgery or chemotherapy (anti-cancer drugs). Using highly precise doses of radiation to damage or destroy cancer cells, radiotherapy is usually delivered to patients in controlled measures, called fractions, over a number of weeks. This gives normal cells time to recover between treatments and allows high doses of radiation to be delivered to the cancer site over a period of time.
www.acareerinradiationoncology.com.au

THE MELBOURNE JD (JURIS DOCTORATE) SHOWCASE – Where can Law take you
Date: Wednesday, July 31st
Time: 9.30am – 3.30pm
Cost: $66 (including morning tea, lunch & show bag)
Registration & payment must be received by Friday, June 28th.
www.jd.law.unimelb.edu.au/schools

Sue Sly
Careers Coordinator

COMMUNICATIONS
SENT HOME THIS WEEK
⇒All Primary students: Cultural Performance - note & payment envelope
⇒Travel Arrangements for Cross Country trip to St Arnaud
### SHEEP SALE ROSTER:

<table>
<thead>
<tr>
<th>June 6th</th>
<th>June 20th</th>
<th>July 4th (School Holidays)</th>
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<tbody>
<tr>
<td><strong>Workers:</strong></td>
<td><strong>Workers:</strong></td>
<td><strong>Workers:</strong></td>
</tr>
<tr>
<td>Janeece Hahnel (50921634)</td>
<td>Katrina Erhardt (50922109)</td>
<td>Marie O’Connor (50921370)</td>
</tr>
<tr>
<td>Tina Godden</td>
<td>Kellie Eldridge</td>
<td>Helen Gloster</td>
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<td><strong>Cooks:</strong></td>
<td><strong>Cooks:</strong></td>
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<tr>
<td>Olivia Cheema</td>
<td>Cathryn Prentice</td>
<td>Tabby Maynard</td>
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<tr>
<td>Melinda Clarke</td>
<td>Kim Darley</td>
<td>Lynda Winslow</td>
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<tr>
<td>Katie Anderson</td>
<td>Julie McKay</td>
<td>Tracey Eames</td>
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<tr>
<td>Melanie Grace</td>
<td>Zoe Taylor</td>
<td>Catherine Phillips</td>
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**Condolences:** Sadly, we once more farewell a member of our school community. It is with sorrow that we extend heartfelt sympathy to Chris Monk and to Sonia’s family on her passing; a brave battle over and a cheerful smile dimmed.

**Catering:** Thanks to all families who were able to assist with catering for Sonia’s farewell today – much appreciated.

**Meeting:** Will be on Tuesday, June 11th–7:00p.m. in the Primary Campus staffroom. College Council approved the funding request for $230 towards the cost of the new Primary Australian Curriculum Maths Program. The Australian Curriculum is now compulsory so resource adjustments need to be made.

**Membership:** Thanks to those parents who have done this. Just $2 per parent/care-giver in an envelope with a note to say if you want to receive minutes and, if so, whether by hard copy or email - simple.

**Parents Victoria Online Conference:** Hopefully, some parents were able to participate in the discussions by sharing input, or just reading others’ ideas. There were some interesting ideas on view.

**Best wishes** to all Cross Country participants for Tuesday’s competition at St. Arnaud

_To prepare our children for success we need to help them to become people who are able and interested in learning._

_**Andrew Fuller**_

Remember, educating children is a team effort: parents, family, ‘schools’, community ..... it’s a big team but each plays an important part.

**Justine Crep – President**

**Raelene Vine – Secretary**

### Music School

**June 30th – July 7th**

Wimmera Bands Group Music School is on again during the first week of the coming school holidays.

The program is full of music making, learning new skills and lots of fun and friendships are to be enjoyed.

This 7 day intensive music program is for brass, string, woodwind and percussion players of all ages and experience levels including absolute beginners.

This year the school will be held at Horsham. Cost $140 includes textbooks, tuition, lunch, and morning/afternoon teas.

Details and enrolment forms can be found on the website [www.wbgmusicschool.com](http://www.wbgmusicschool.com).

**Registration closes Friday, June 14th** - don’t miss out!

Any Questions? contact Sue Willox 50921626, Rosemary Jackson or Raelene Vine, Ouyen Brass Band.